

'I could have died there': Teen saves elderly neighbor using 'Stop the Bleed' training

Saleen Martin: USA TODAY

Teen relied on 'Stop The Bleeding' training to save neighbor

When Drake found Kemery, her foot was bleeding, which reminded him of the training he had at the beginning of the year called Stop the Bleed.

There, he learned how to treat a stab wound, a bullet wound and really bad scratches, he said. He also learned how to use a tourniquet to stop life-threatening external bleeding.

While Kemery's injuries weren't severe enough to require a tourniquet, Drake remembered that his instructor stressed remaining calm during his training. He also remembered that if needed, he could use his belt as a tourniquet to cut off blood circulation to the foot that was bleeding.

"The main thing was just staying calm and getting her out of the situation that she was in," Drake said.

He called his dad and Kemery's children were also contacted. Her son ended up taking her to the hospital because getting

a ride from an EMT isn't easy in a rural area like theirs.


"Our town ambulance did not have anybody that's qualified to drive an (EMT) so if I had to call an ambulance, they would've taken a long time to get there," Kemery said, adding that three of her toes were mangled because she had on flip flops during the accident.

His mom, Crystal, said he is a really good kid. "Life around here is different in the midwest," she said. "We're a small community so even if Weston wasn't helping Pat pick up her hay and it was somebody else, I think he would've done the same thing. I'm just really proud of him."

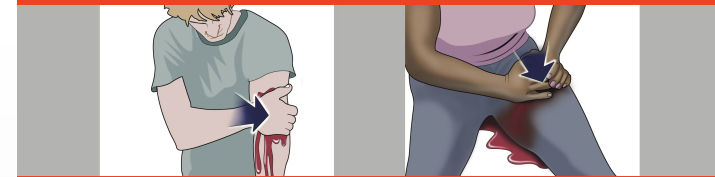
Kemery, who Drake saved, said she is doing just fine. She's the type of person who just gets up and keeps on going, she said.

"I have ridden four-wheelers forever and this four wheeler was a brand new one that had seven hours on it," she said. "I don't have it anymore. My kids decided I shouldn't drive it."

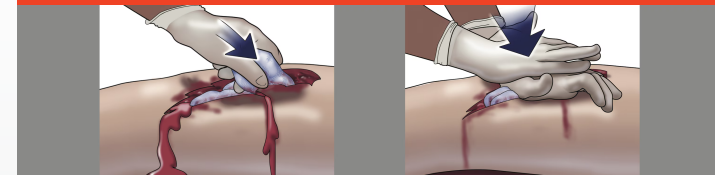
Stop the Bleed

American College of Surgeons 

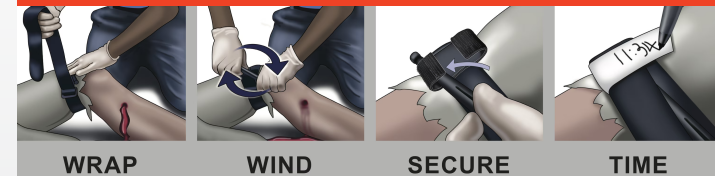
1 APPLY PRESSURE WITH HANDS



2 APPLY DRESSING AND PRESS

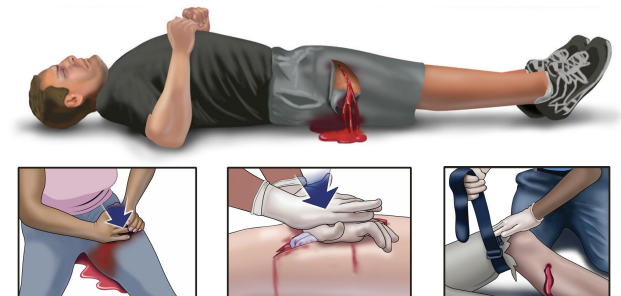


3 APPLY TOURNIQUET



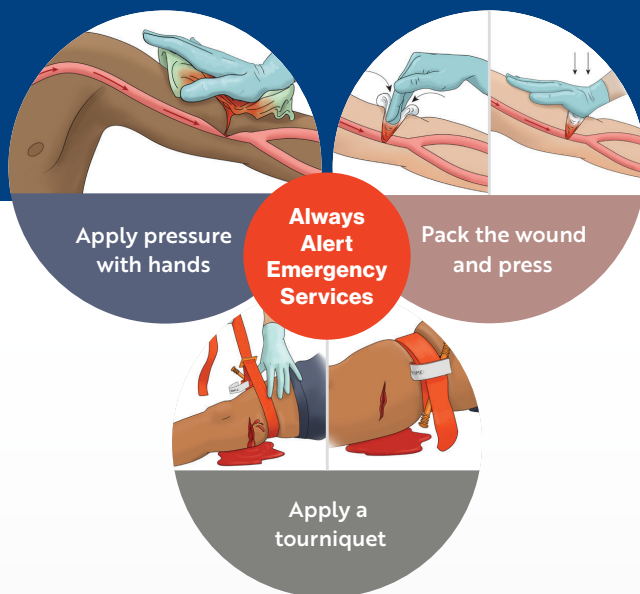
CALL 911

SEE SOMETHING. DO SOMETHING.



IMPROVING SURVIVAL.

Three Ways to Control Bleeding



Interested in a FREE class
for you or your team?

First-responders are
20 minutes away,
are you ready to save a life?



Stop the Bleed



American College of Surgeons

Newman Regional Health conducts the **STOP THE BLEED®** training classes during a public group class or with private groups as requested.

The aim of the program is to provide the education needed to help save a life. **STOP THE BLEED®** is a nationally recognized program by the American College of Surgeons.

With three quick actions, you can be trained to save a life. The number one cause of preventable death after injury is bleeding.

**Scan here for registration,
times, and other information**

Contact Abby Hogan



ahogan@newmanrh.org

620.343.6800 ext 21043

Newman Regional Health
ATTN: Abby Hogan, RN
1201 W. 12th Ave
Emporia, KS, 66801



Attend a FREE Class from our
Stop The Bleed® Certified Trainers

newmanrh.org/stopthebleed



NEWMAN
REGIONAL HEALTH