

CARE CONNECTIONS

Helping you stay on track.

During your Care Connections monthly visits, your care manager will help you stay on track by reviewing the following topics:

DIAGNOSIS

LIFESTYLE

MEDICATION

RESOURCES

TRACKING

Who pays for Care Connections services?

Care Connections services are covered by Medicare. Your doctor has recommended Care Connections because it can help you stay on track and out of the hospital. For more information about participating, call the Care Connections information line at (620) 343-6800 x22106 for answers to your questions.



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CARE CONNECTIONS

What is Care Connections?

Care Connections is a preventive service that doctors can recommend to their Medicare patients with multiple conditions like high blood pressure, high cholesterol, diabetes, heart disease and arthritis. Care Connections helps patients make better decisions about diet & activity.

Care Connections are members of your healthcare team. They are specially trained nurses, or other healthcare professionals who know you, your medical history and your goals. They will connect with you every month and can help you prevent emergency room visits and hospitalizations.

Stay in the convenience of your own home.

Best of all, you don't have to leave the comfort of your own home! Your care manager will visit with you in your home or by phone every month.



How can a care manager help me?

- Conversing with you monthly to track progress on achieving your goals
- Ensuring prescriptions are current and that you are taking medications properly
- Coordinating care with other care team members like specialists, pharmacists, therapists, and scheduling appointments
- Arranging for community services like Meals on Wheels, Home Health, home medical equipment and public transportation



- Assisting you with Medicare, Medicaid, Social Security, Disability and medication assistance programs
- Providing regular updates to your primary healthcare provider
- Providing education about nutrition, your medical conditions and how to improve your health
- Answering your questions and meeting your care needs



We all have goals to achieve.

Whether that goal is to hold a great grandbaby, traveling, having the energy to take a morning walk, or enjoying the independence of living in your own home longer, your chances of success go up with the help of a care manager.

If your doctor has recommended this service, try it!

Medicare now encourages doctors to recommend Care Connections to beneficiaries who have multiple conditions that are very common among Medicare patients and put them at risk.

With their help, you can establish a plan that gets you to your goal, no matter how large or small.