

# Adult Face Mask Sewing Instructions

Size 9 x 6-inches

Please view this video tutorial before getting started: <https://youtu.be/4kwFaRFHKhY>.

## Materials Needed:

- One 9 x 6-inch piece of 100% cotton fabric
- One 9 x 6-inch piece of 100% cotton flannel for the backing
- Two 7-inch lengths of rope elastic with a knot tied at each end (1/8- and 1/4-inch flat elastic, twill tape, bias tape, hair ties with elastic, hair bands with elastic, non-silk ribbon, undergarment or jewelry elastic, loops made of 6" cloth strips, and fabric draw strings will also work)

Use 1/4-inch seam allowance

## Step:

1. Place right sides of cotton fabric together.
2. Sew across the top.
3. Sew across the bottom, leaving about 2-inches in the middle open.
4. Tuck the first elastic in-between the two fabric layers.
5. Pull the first end out until it is even with the edge of the fabric and pushed up against the top seam.
6. Sew the elastic into the corner with the knot out. Backstitch a few times to hold the elastic in place.
7. Pull the other end of that same elastic out at the bottom corner. Ensure it is laying flat and is not twisted.
8. Sew down the remainder of the side and across the elastic. Backstitch to tightly secure.
9. Repeat steps 5-8 with the second elastic on the opposite side.
10. Turn inside out so right sides of fabric are facing out.
11. Press.
12. Pin two 1/2-inch pleats on each side of the mask, making sure the tucks are in the same direction.
13. Sew down each side of the mask to secure the pleats.

*Thank you for partnering with us to protect the health and safety of our community!*

# Child Face Mask Sewing Instructions

Size 7 ½ x 5-inches

Please view this video tutorial before getting started: <https://youtu.be/4kwFaRFHKhY>.

## Materials Needed:

- One 7 ½ x 5-inch piece of 100% cotton fabric
- One 7 ½ x 5-inch piece of 100% cotton flannel for the backing
- Two 7-inch lengths of rope elastic with a knot tied at each end (1/8- and 1/4-inch flat elastic, twill tape, bias tape, hair ties with elastic, hair bands with elastic, non-silk ribbon, undergarment or jewelry elastic, loops made of 6" cloth strips, and fabric draw strings will also work) Use 1/4-inch seam allowance

## Step:

1. Place right sides of cotton fabric together.
2. Sew across the top.
3. Sew across the bottom, leaving about 2-inches in the middle open.
4. Tuck the first elastic in-between the two fabric layers.
5. Pull the first end out until it is even with the edge of the fabric and pushed up against the top seam.
6. Sew the elastic into the corner with the knot out. Backstitch a few times to hold the elastic in place.
7. Pull the other end of that same elastic out at the bottom corner. Ensure it is laying flat and is not twisted.
8. Sew down the remainder of the side and across the elastic. Backstitch to tightly secure.
9. Repeat steps 5-8 with the second elastic on the opposite side.
10. Turn inside out so right sides of fabric are facing out.
11. Press.
12. Pin two 1/2-inch pleats on each side of the mask, making sure the tucks are in the same direction.
13. Sew down each side of the mask to secure the pleats.

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# N95 Cover Sewing Instructions

Size 9 x 8-inches

## Materials Needed:

- One 9 x 8-inch piece of surgical drape fabric (**obtain from the hospital**)
- Two 6-inch lengths of 1/4-inch flat elastic (7-inch lengths of rope elastic with a knot at each end. 1/8- and 1/4-inch flat elastic, twill tape, bias tape, hair ties with elastic, hair bands with elastic, non-silk ribbon, undergarment or jewelry elastic, loops made of 6" cloth strips, and fabric draw strings will also work)

Use 1/4-inch seam allowance and hem

## Step:

1. Mark each 8-inch side of fabric at 2, 3, 3½, 4½, 5 and 6-inches.
2. Use markings to make three pleats on each side of the mask, making sure the tucks are in the same direction.
  - a. Pin the 2-inch mark to the 3-inch mark.
  - b. Pin the 3 ½-inch mark to the 4 ½-inch mark.
  - c. Pin the 5-inch mark to the 6-inch mark.
3. Stitch down each side to hold pleats.
4. Turn the top edge of the mask down ¼-inch so that the wrong sides are together.
5. Insert one end of the elastic ½-inch into this fold at the corner of the mask.
6. Sew the elastic in place. Backstitch to tightly secure.
7. Continue sewing across the top of the mask until 1-inch from the other end.
8. Insert one end of the second elastic ½-inch into the fold at this corner.
9. Sew the elastic in place. Backstitch to tightly secure.
10. Turn the bottom edge of the mask up ¼-inch so that the wrong sides are together.
11. Insert the second end of the elastic on that side ½-inch into the fold at the corner of the mask to make the first ear loop.
12. Sew the elastic in place. Backstitch to tightly secure.
13. Continue sewing across the bottom of the mask until 1-inch from the other end.
14. Insert the second end of the elastic on that side ½-inch into the fold at this corner of the mask to make the second ear loop.
15. Sew the elastic in place. Backstitch to tightly secure.

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