NRH Patient Portal FAQ's

Enrollment Questions

What is My HEALTH INFO?
My HEALTH INFO offers secure on-line access to portions of your electronic medical record, where your health information is stored. It allows you to securely use the Internet to help manage and receive information about your health. With My HEALTH INFO, you can use the Internet to:

- View upcoming appointments
- View your health summary from the My HEALTH INFO electronic health record
- View test results
- View your balance
- Update demographic information (e.g., email address, home address, next of kin)

Is there a fee to use My HEALTH INFO?
There is no fee. My HEALTH INFO is a free service offered to our patients.

Who can enroll in My HEALTH INFO?
You must be 18 years or older to enroll in My HEALTH INFO.

How do I enroll?
During your next visit, receive an ‘Enrollment Guide’ form during the Registration process, go home and enroll on-line.

Is there anything I need to have in order to use My HEALTH INFO?

<table>
<thead>
<tr>
<th>You need access to a computer connected to the Internet and an up-to-date browser. The browsers supported by My HEALTH INFO are:</th>
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</thead>
<tbody>
<tr>
<td>- Google Chrome latest version on Windows</td>
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<tr>
<td>- Internet Explorer 11+</td>
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<tr>
<td>- Mozilla Firefox latest on Windows</td>
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<tr>
<td>- Safari 6+ and newer on Mac/Windows</td>
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<tr>
<th>You need access to a mobile device (phone/tablet) connected to data or WIFI with an up-to-date mobile browser. The browsers supported by My HEALTH INFO are:</th>
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<tr>
<td>- Apple iOS - Safari on iOS version 6+</td>
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<tr>
<td>- Android - latest version of Chrome</td>
</tr>
<tr>
<td>- Microsoft Surface - Internet Explorer 11 on Windows 8+</td>
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You will also need a personal email account. You will receive email notifications each time we add information to My HEALTH INFO.

I don't have a personal email account. How do I get one?
A number of different services offer free email accounts. Some of the more common ones are Google’s Gmail, Yahoo and Hotmail. You can go to their websites, e.g., gmail.com, yahoo.com or hotmail.com and follow instructions for setting up an email account.

Your My HEALTH INFO Record

When will I see my test results in My HEALTH INFO?
Your lab test results are released to your My HEALTH INFO account 35 hours after test is finalized and Radiology reports are released 36 hours after report is reviewed and signed by radiologist.
Why are certain test results not shared electronically via My HEALTH INFO?
Some tests are very sensitive and access to these results is protected by federal law.

Sharing My HEALTH INFO

Can I view a family member’s health record in My HEALTH INFO?
Yes you can. This is called Proxy access and allows a parent (or guardian) to log into their personal My HEALTH INFO account, and then connect to information regarding their family member, who is 18 years or older. From within your portal account, you can send an invite to whomever you want via the Shared Access button under the PROFILE. Or complete a My HEALTH INFO Proxy Consent Form and return it to the Health Information Management Department to request access to this convenient service.

Can I have access to my minor child's health record in My HEALTH INFO?
Yes, you may have access to your minor child, birth to 12th birthday. You may print the authorization form from the website (Forms link) or pick up a form from registration and return it to the Health Information Management Department to request access to this convenient service.

Can I share access to My HEALTH INFO record with someone?
Yes, as long as you are 18 or older and legally competent. From within your portal account, you can send an invite to whomever you want via the Shared Access button under the PROFILE. Or give another person access to your My HEALTH INFO record, by completing a My HEALTH INFO Proxy Access Form at your next visit from the Health Information Management Department.

Can my spouse and I share one My HEALTH INFO account?
Due to the sensitive nature of medical information, each adult must have an individual My HEALTH INFO account.

Can my health records from MY HEALTH INFO be shared with another application?
Yes. There are third-party health applications that have met the rigorous requirements to connect with My Health Info. If you have a preferred application that you want to connect with your My Health Info account, you will need to complete an App Request Form that can be obtained from our registration staff, in order for Newman Regional Health to confirm the application of your choice does meet the requirements to connect with My Health Info. Once approved, open the third-party app and look for the section that allows you to connect with healthcare providers or add health data. When asked for the provider name, enter Newman Regional Health. Once you confirm the provider name, your app should connect to My Health Info and you can sign in using your My Health Info credentials to authorize the connection. If you have problems, please contact the third-party application directly for assistance.

Note: Newman Regional Health does not endorse any third-party applications and is not requiring you to make health information available to any third-party. By allowing access, you are indicating that you are directing Newman Regional Health to make your My Health Info information available to the third-party (the app, its developers and its associates). Please note that third-parties might not be obligated to protect your health information under the same privacy regulations as your healthcare providers, and some apps might use data for advertising or other secondary purposes. Before granting access, review this app’s terms and conditions to be sure that you are comfortable with the app’s use of your data.

Getting help using My HEALTH INFO

I forgot my password. What should I do?
You may click the “Forgot Password” link on the sign-in page to reset your password online. Or you can contact us at 620-343-5941 to have your password reset.

Where can I update my personal information (e.g. home address and next of kin)?
Log into My HEALTH INFO and from the Home Page select the Profile button and select Update Profile, click on Submit when complete.

Where can I update my email address or change my password?
Log into My HEALTH INFO and from the Home Page select the PREFERENCES link at the bottom of the page. On the next window, select ‘Update User Preferences’ or ‘Change Password.’
How do I view health records for my minor child or another person I have proxy access for?
Log into My HEALTH INFO and from the Home Page select the Change Person option in the top right corner. Then select the correct person.

Who do I contact if I need help using My HEALTH INFO?
There is a 'Contact Us' button on the bottom of the main page in the Portal, the message will be directed to our portal support group. Or you may call 620-343-5941.

I did not receive email notifications from My HEALTH INFO. What should I do?
Please select Preferences then change email address and review the email associated with your My HEALTH INFO account.
Check your spam folder for communication from My HEALTH INFO. If you find it there, select the email and select Trust Sender so that future emails go to your inbox.

Privacy and security

How is My HEALTH INFO secure?
We take great care to keep your health information private and secure. Along with using the latest 128-bit SSL encryption technology, My HEALTH INFO passwords are encrypted and URLs are re-written so that they cannot be copied and pasted.

I was logged out of My HEALTH INFO. What happened?
We take precautions to protect your privacy and the security of your information. If your keyboard remains idle for 5 minutes or more, our system will automatically log you out of My HEALTH INFO. If you need to leave your computer for even a short period of time, we recommend you log out of My HEALTH INFO to keep your information secure.