Newman Regional Health Express Care delivers comprehensive care that is consistent with the mission and vision of Newman Regional Health.

**Mission:**
To improve health in our communities by providing high quality care.

**Vision:**
To be a valued, trusted partner and regional provider of exemplary services.

**Hours:**
Monday-Friday 1:00pm-9:00pm
Saturday & Sunday 10:00am-6:00pm
Holidays 10:00am-6:00pm
Closed Thanksgiving & Christmas

Patients are seen on a first come, first serve basis.
No appointments are needed.
What is Express Care?

Newman Regional Health Express Care provides non-emergency care to Lyon County and the surrounding communities. Examples of care provided includes, but is not limited to, the following:

- Animal & insect bites
- Coughs, colds & flu
- Ear, nose and throat infections
- Earache
- Fever
- Lacerations (minor)
- Mild asthma
- Mild burns
- Minor injuries (personal & on-the-job)
- Minor cuts that may require stitches
- Physicals for sports or school
- Rash or other skin irritations
- Sprains or strains
- Treatment of minor medical conditions
- Urinary tract infections
- Vomiting or diarrhea

Newman Regional Health Express Care

Newman Regional Health Express Care is staffed with health care professionals, including advanced practice providers and support staff.

Staffing

What are the advantages of using Newman Regional Health Express Care versus the emergency room?

Lower Charges: The base charges for a non-emergent care center are lower than that of a 24-hour emergency department. Newman Regional Health Express Care averages $130 per visit, not including ancillary testing or supplies, compared to an average charge of $625 for an emergency room visit.

Shorter Wait Time: When you visit an emergency department with a minor illness or injury, patients with more severe conditions will be seen first. Newman Regional Health Express Care treats patients on a first-come, first-serve basis and ensures a more even flow of patient care, reducing time in the waiting room.

Convenience: When you seek treatment during the evening or weekend, express care clinics are open when most primary care physician offices are not.

Additional Amenities: Newman Regional Health Express Care has access to on-site laboratory, x-ray and additional ancillary services located within Newman Regional Health.

Occupational Health

Newman Regional Health Express Care partners with organizations to provide healthcare for their employees with needs that occur after normal office hours. Additionally, the clinic provides a convenient time and setting for employers to obtain preventative health screenings on their employees in order to increase the health of the employee, business, and community. Examples of occupational care provided by Newman Regional Health Express Care includes, but is not limited to, the following:

- BAT (breath alcohol testing)
- Biometrics (height, weight, body fat percentage, body mass index, abdominal circumference)
- Blood sugar and cholesterol screening
- Flu immunizations
- Pre-employment physicals
- Spirometry (measurement of respiratory function)
- TB skin testing
- Tetanus/pertussis immunizations
- Urinalysis
- Urine drug screening (UDS)
- Vision screening