

2019 NEWMAN REGIONAL HEALTH DIABETES CLASS SCHEDULE

<p><u>JANUARY</u> <u>Tue 8</u> <u>Thurs 10</u> Flinthills 5-8 pm 5-8 pm</p>	<p><u>FEBRUARY</u> <u>Tue 12</u> <u>Thurs 14</u> Flinthills 1-4 pm 1-4 pm</p>	<p><u>MARCH</u> <u>Tue 19</u> <u>Thurs 21</u> Flinthills 9-12 noon 9-12 noon</p>
<p><u>APRIL</u> <u>Tue 9</u> <u>Thurs 11</u> Flinthills 5-8 pm 5-8 pm</p> <p>NRH Community Health Fair Thurs April 18</p>	<p><u>MAY</u> <u>Tue 14</u> <u>Thurs 16</u> CEC 1-4 pm 1-4 pm</p>	<p><u>JUNE</u> <u>Tue 11</u> <u>Thurs 13</u> Flinthills 9-12 noon 9-12 noon</p>
<p><u>JULY</u> <u>Tue 9</u> <u>Thurs 11</u> Flinthills 5-8 pm 5-8 pm</p>	<p><u>AUGUST</u> <u>Tue 6</u> <u>Thurs 8</u> CEC 1-4 pm 1-4 pm</p>	<p><u>SEPTEMBER</u> <u>Tue 10</u> <u>Thurs 12</u> Flinthills 9-12 am 9-12 am</p>
<p><u>OCTOBER</u> <u>Tue 15</u> <u>Thurs 17</u> CEC 5-8 pm 5-8 pm</p>	<p><u>NOVEMBER</u> <u>Tue 5</u> <u>Thurs 7</u> Flinthills 1-4 pm 1-4 pm</p>	<p><u>DECEMBER</u> <u>Tue 10</u> <u>Thurs 12</u> Flinthills 9-12 noon 9-12 noon</p>

The class includes a Tues and Thurs session in the same week.