

Becoming a Mom 2019

<p><u>Class A</u></p> <p>8-Jan Session 1 6-8p 15-Jan Session 2 6-8p 22-Jan Session 3 6-8p 29-Jan Session 4 6-8p 5-Feb Session 5 6-8p 12-Feb Session 6 6-8p</p>	<p><u>Class B</u></p> <p>5-Mar Session 1 6-8p 12-Mar Session 2 6-8p 19-Mar Session 3 6-8p 26-Mar Session 4 6-8p 2-Apr Session 5 6-8p 9-Apr Session 6 6-8p</p>	<p><u>Class C</u></p> <p>30-Apr Session 1 6-8p 7-May Session 2 6-8p 14-May Session 3 6-8p 21-May Session 4 6-8p 28-May Session 5 6-8p 4-Jun Session 6 6-8p</p>
<p><u>Class D</u></p> <p>25-Jun Session 1 6-8p 2-Jul Session 2 6-8p 9-Jul Session 3 6-8p 16-Jul Session 4 6-8p 23-Jul Session 5 6-8p 30-Jul Session 6 6-8p</p>	<p><u>Class E</u></p> <p>20-Aug Session 1 6-8p 27-Aug Session 2 6-8p 3-Sep Session 3 6-8p 10-Sep Session 4 6-8p 17-Sep Session 5 6-8p 24-Sep Session 6 6-8p</p>	<p><u>Class F</u></p> <p>15-Oct Session 1 6-8p 22-Oct Session 2 6-8p 29-Oct Session 3 6-8p 5-Nov Session 4 6-8p 12-Nov Session 5 6-8p 19-Nov Session 6 6-8p</p>

- Session 1 : Prenatal Care**
Session 2 : Pregnancy Health
Session 3 : Labor & Delivery
Session 4 : Infant Feeding
Session 5 : Infant Care
Session 6 : Post Partum Health

Classes held at Emporia State University Newman Division of Nursing

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Questions email Heather Aylward: haylward@newmanrh.org

Sign up at providers office or online at <https://www.newmanrh.org/services/#womens-life-center>

Feel free to join us for any session during any class