

Wound Drain Care Instructions

Dear Patient:

The wound drain helps healing and prevents fluid from collecting at your wound by suctioning the extra fluid away. Empty the suction bulb every _____ hours or when it is full.

NOTE: Gloves should be worn by any person helping you empty the drain bottle.

Please complete the following steps each time you empty your drain:

1. Obtain a measuring cup to collect fluid.
2. Wash your hands with soap and water.
3. Unfasten the bulb from your clothing.
4. Remove the stopper from the bulb.
5. Completely empty the bulb by turning the bulb upside down.
6. Squeeze the fluid into a measuring cup.
7. Use on hand to squeeze all the air from the bulb. With the bulb squeezed together, use your other hand to replace the stopper.
8. Fasten the bulb to your clothing or dressing to avoid pulling it out accidentally.
9. Write down the amount of fluid that was emptied on the chart below. If there are two (2) drains write the amount emptied for each drain.
10. Empty the measuring cup. If the cup is to be reused, wash it with soap and water and rinse.
11. Wash your hands with soap and water.
12. Take this sheet to your doctor with each visit as long as drain is in place.

Drain #1

Date	Time	Amount

Drain #2

Date	Time	Amount

3/98
 Revised 4/03
 Reviewed 5/06