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Date:

# Press Release

## Free Advance Directive Clinic

The community is invited to attend a free Advance Directive Clinic at Newman Regional Health on Thursday, July 15<sup>th</sup> from 4:00-6:00pm in the Sunflower Conference Room. Please enter through Entrance F on the East side of the hospital and follow the signs. An Advance Directive is a way for you to specify your wishes about healthcare treatment options. It allows you to have control over healthcare decisions when you can no longer speak for yourself. There are several directives recognized by the state of Kansas and you may choose to sign none, one, or all of these documents. The documents that will be available at this clinic are the Durable Power of Attorney for Health Care Decisions, Living Will, and Do-Not-Resuscitate Directive.

Durable Power of Attorney for Health Care Decisions: Sometimes called the Healthcare Power of Attorney, it allows a person to name someone to make healthcare decisions for him/her during a time of disability or incapacity.

Living Will: Allows a person to state in advance that his/her dying should not be artificially prolonged in cases of terminal illness.

Do-Not-Resuscitate Directive: Lets an adult say in advance his/her decision that if his/her heart stops beating or breathing stops, no medical procedure will be done to restart the heart or breathing.

Newman Regional Health's Social Workers will be available at this free clinic to notarize forms and assist individuals in filling them out. Forms will be available at the clinic, or you can download them in advance, fill them out, and bring them with you to get notarized at <http://kansashealthethics.org>. (Please do not sign them prior to getting them notarized). Please bring a photo identification of yourself and address and phone numbers (home, cell, work) of anyone you will list as a health care agent. For questions about the clinic, please call Newman Regional Health's Care Coordination Department at 620-343-6800, ext. 4101.