

We've been delivering babies and caring for mothers for over 85 years. For the staff of the Women's Life Center, the miracle of new life never diminishes. At Newman Regional Health, every delivery is a special delivery. A comfortable, homelike birthing room allows for labor, delivery, and recovery to take place in the same room. These rooms are equipped with cable TV, cordless phones, and WiFi so emailing your baby's first picture, minutes after delivery, is possible using your own laptop. Cell phones may be used in the delivery rooms as well.



You can rest assured that while the setting is homelike, the medical equipment and care you will receive are state-of-the-art. We believe that the birth of a baby is a very personal experience. That's why we offer options for delivery, positioning and comfort measures, anesthesia, and coaching support.

One of the first joys of parenting will be holding your baby immediately after delivery; skin to skin contact is encouraged. Cesarean section deliveries take place in Newman's delivery/operating room which is located near the other delivery rooms in the Women's Life Center.

While no one likes to think about having problems with the birth of a child, it is reassuring to know that the staff of the Women's Life Center is trained to respond to any unexpected emergency that may arise. Most infants who require specialized care remain near mother in our Intermediate Care (Level II) Nursery, which provides neonatal equipment and a specially trained staff to provide expert care around the clock for your baby. Not only is the nursery for babies who need a little extra care, it is also for healthy babies of mothers who need some extra time to recover and rest after delivery.





After delivery and a short recovery time, you will move to either a private or semi-private postpartum room. Our family-centered care is designed for the health, comfort, and enjoyment of your family. You may spend as much time with your baby as you choose, keeping your baby in your room 24 hours a day if you desire. Our nurses will help you learn about baby care, feeding, after delivery self-care, and other related topics. Snacks and beverages are available to you at any time. Every room is equipped with amenities including cordless phones, microwaves, and refrigerators, all donated by the Newman Auxiliary. Twin-size sleeper sofas, donated by the Newman Regional Health Foundation, were added in 2008 in all postpartum rooms to give new Dads or other family members a place to rest while staying with mom and child.

Our visitation schedules encourage family togetherness. Dad and other immediate family members may visit at any time. Open visiting hours are at the mother's discretion. For the protection of your newborn, all visitors must be free from communicable diseases. Newman Regional Health's Catering Corner can provide delicious meat and cheese trays, fruit trays, cookie trays, a light luncheon, brunch, or a carry out dinner for 50. Give Catering Corner a call next time you host a dinner party or just need a quick cookie tray for a school event at 620-343-6800, ext. 1805 or fax us at 620-341-7715.

