

## PUTTING

*the pieces back together*

Life sometimes brings unexpected challenges. The Inpatient Rehabilitation Unit at Newman Regional Health is dedicated to helping individuals recover and reach their greatest potential following a disabling injury or illness. Patients that may benefit from Inpatient Rehabilitation include those affected by conditions such as stroke, neurological disorders, orthopedic procedures, hip fracture, amputations, and major trauma.

We provide intensive therapy programs which assist patients in developing new skills, relearning previous skills, and fostering a healthy return to life's activities. Patients find our program is different from a routine hospital stay. We believe that caring for patients means helping them learn to do as much for themselves as possible.

### PATIENTS PARTICIPATE IN:

- One-on-one therapy
- Group treatment
- Community re-entry and adaptive leisure activities
- Patient and family education
- Other goal-directed activities

## TREATMENT

*goals*

Our rehabilitation specialists strive to help the patient improve mobility, strength, and independence while providing hope and encouragement to the patient and family.

### GOALS MAY INCLUDE:

- Maximize independence in activities of daily living including bathing, dressing, meal preparation, etc.
- Achieve safe mobility with or without adaptive equipment
- Improve balance and coordination
- Maximize communication skills
- Improve swallowing ability
- Enhance knowledge of available resources at discharge



## UNIQUE

*challenges*

We know that no two people will face an injury, illness, or surgery in exactly the same way. Therefore, treatment programs are tailored to meet individual needs.

After a comprehensive evaluation of the patient's needs, and with input from the patient and family, personalized goals are set and treatment begins. The patient's progress is continually measured and the treatment program is evaluated and revised during regular care conferences. Home evaluations may also be arranged to determine the need for modifications or adaptive equipment.

## TEAMWORK

*and determination*

In rehabilitation, we treat the whole patient — physically, emotionally, and socially — by bringing together a team of highly trained professionals to deal with every aspect of the patient's treatment and recovery.

The team, headed by our rehabilitation physician, includes rehabilitation nurses; physical, occupational, and speech therapists; a social worker; and a dietitian. Each discipline focuses on the patient's abilities rather than disabilities. The patient's personal physician and family also have a vital role in the recovery process. The most important member of the

team, however, is the patient, and success depends on his or her commitment to the goals.



## ADMISSION

*information*

The Rehabilitation Unit accepts referrals from physicians, healthcare professionals, family members, and patients themselves. Following a referral, a pre-admission assessment is arranged and completed at no charge.

### TO BE ELIGIBLE FOR ADMISSION, A PATIENT MUST:

- Require daily access to a rehabilitation physician who will oversee the patient's medical needs and plan of care

- Require 24-hour rehabilitation nursing
- Need at least two types of therapy
- Be able to tolerate a relatively intense therapy program, consisting of at least three hours of therapy per day, five days a week
- Have the ability to achieve rehabilitation goals in a reasonable period of time

Our 12 bed unit was specifically designed and built for patients who need special rehabilitative care. The unit features private patient rooms, a large gym and therapy area, dining area, and a full-size kitchen and laundry used to teach independent living skills. Tours of the unit are available by appointment.

We would be happy to help you with the referral and admission process including insurance verification. For more information, please contact your personal physician or call 620-343-6800 ext. 2218.



Inpatient Rehabilitation  
1201 W. 12th Avenue • Emporia, KS 66801  
620-343-6800, ext. 2218 • [www.newmanrh.org](http://www.newmanrh.org)

*Owned by the people of Lyon County*

# Inpatient Rehabilitation

*Committed to your goals*

*patients  
first teamwork  
technology*

*compassio  
service*

*compassion  
trust*

*teamwork*



**Newman**  
REGIONAL HEALTH  
*For your whole life™*